

EU approved functional health claims

RADIANCE Ingredients	Functions to healthy skin hair nail	EU commission Approval
Peptan peptides as protein source	Muscle, connective tissue growth and maintenance	(EU) 432/2012
Vitamin C	Collagen formation Skin function Energy-yielding metabolism Nervous system function Psychological function immune system function Cells anti-oxidation Tiredness and fatigue reduction Iron absorption	(EU) 432/2012
Zinc	Protein synthesis Hair maintenance Nail maintenance Skin maintenance Immune system Cell antioxidation Cell division Macronutrient metabolism	(EU) 432/2012
Thiamine (Vitamin B1)	Energy-yielding metabolism Nervous system function Psychological function Heart function	(EU) 432/2012

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Riboflavin (Vitamin B2)	Energy-yielding metabolism Nervous system function Mucous membranes maintenance Red blood cells maintenance Skin maintenance Vision maintenance Iron metabolism Cells anti-oxidation Tiredness and fatigue reduction	(EU) 432/2012
Niacin (Vitamin B3)	Energy-yielding metabolism Nervous system function Psychological function Skin maintenance Tiredness and fatigue reduction	(EU) 432/2012
Pantothenic acid (Vitamin B5)	Energy-yielding metabolism Mental performance Synthesis and metabolism of steroid hormones, neurotransmitters Tiredness and fatigue reduction	(EU) 432/2012
Vitamin B6	Synthesis of cysteine (in the hair and nail) Energy-yielding metabolism Nervous system function Protein and glycogen metabolism Psychological function Red blood cell formation Immune system function Tiredness and fatigue reduction Hormonal activity	(EU) 432/2012

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Biotin (Vitamin B7)	Energy-yielding metabolism Nervous system function Macronutrient metabolism (incl. Carb, fat, protein) Psychological function Hair maintenance Mucous membranes maintenance Skin maintenance	(EU) 432/2012
Folate (Vitamin B9)	Maternal tissue growth Amino acid synthesis Blood formation Psychological function Immune system function Tiredness and fatigue reduction Cell division	(EU) 432/2012
Vitamin B12	Energy-yielding metabolism Nervous system function Psychological function Red blood cell formation immune system function tiredness and fatigue reduction Cells division	(EU) 432/2012